

# Post Graduate Diploma in Beauty and Wellness (PGDBW)

Duration: 2 Years (4 Semesters)

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## Semester – I

S. No.	Paper Numerical Unique	Class & Papers	Paper Name / Subject
1	PGDBW101	1PGDBW1	Fundamentals of Beauty & Wellness Industry
2	PGDBW102	1PGDBW2	Anatomy & Physiology for Beauty Science
3	PGDBW103	1PGDBW3	Skin Science & Advanced Cosmetology
4	PGDBW104	1PGDBW4	Hair Science & Treatments (Basic to Advanced)

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## Course Details (Semester – I)

- **Fundamentals of Beauty & Wellness Industry** – Overview of the global beauty industry, scope, and trends.
  - **Anatomy & Physiology for Beauty Science** – Human anatomy, skin structure, and body systems.
  - **Skin Science & Advanced Cosmetology** – Scientific approach to skincare, products, and facial machines.
  - **Hair Science & Treatments** – Hair structure, care, spa, smoothening, and scalp treatments.
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## Semester – II

<b>S. No.</b>	<b>Paper Numerical Unique</b>	<b>Class &amp; Papers</b>	<b>Paper Name / Subject</b>
1	PGDBW201	2PGDBW1	Makeup Artistry (Professional & Bridal)
2	PGDBW202	2PGDBW2	Nail Art & Hand/Foot Therapy
3	PGDBW203	2PGDBW3	Spa & Body Therapy Techniques
4	PGDBW204	2PGDBW4	Aromatherapy & Herbal Treatments

### **Course Details (Semester – II)**

- **Makeup Artistry** – Bridal, HD, airbrush, and fashion makeup.
- **Nail Art & Hand/Foot Therapy** – Advanced manicure, pedicure, nail extensions.
- **Spa & Body Therapy Techniques** – Full body massages, wraps, and relaxation therapies.
- **Aromatherapy & Herbal Treatments** – Essential oils, ayurvedic methods, natural beauty.

### **Semester – III**

<b>S. No.</b>	<b>Paper Numerical Unique</b>	<b>Class &amp; Papers</b>	<b>Paper Name / Subject</b>
1	PGDBW301	3PGDBW1	Advanced Aesthetic Procedures
2	PGDBW302	3PGDBW2	Laser & Electrotherapy Applications
3	PGDBW303	3PGDBW3	Wellness Nutrition & Dietetics
4	PGDBW304	3PGDBW4	Psychology & Stress Management in Wellness

### **Course Details (Semester – III)**

- **Advanced Aesthetic Procedures** – Chemical peels, microdermabrasion, and anti-aging treatments.
- **Laser & Electrotherapy Applications** – Laser hair reduction, galvanic, HF, and ultrasonic facials.
- **Wellness Nutrition & Dietetics** – Nutrition planning for skin, hair, and body wellness.
- **Psychology & Stress Management** – Role of mindfulness, yoga, and relaxation in wellness.

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## Semester – IV

S. No.	Paper Numerical Unique	Class & Papers	Paper Name / Subject
1	PGDBW401	4PGDBW1	Entrepreneurship in Beauty & Wellness
2	PGDBW402	4PGDBW2	Spa & Salon Operations Management
3	PGDBW403	4PGDBW3	Research Project / Case Studies
4	PGDBW404	4PGDBW4	Internship / Portfolio Development

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### Course Details (Semester – IV)

- **Entrepreneurship in Beauty & Wellness** – Business setup, finance, and branding strategies.
- **Spa & Salon Operations Management** – HR, inventory, customer care, and safety protocols.
- **Research Project / Case Studies** – Research on new beauty/wellness trends and innovations.
- **Internship / Portfolio Development** – Hands-on industrial training and project submission.